School Suicide Prevention & Wellness Mini Grants: 2023-2024 Academic Year Summary Report

The School Suicide Prevention and Wellness (SSPW) Mini Grant Program is coordinated by YouthLine, a service of Lines for Life, to provide donated funds to Oregon schools for the continuous improvement of the Adi's Act.

While policy is an effective way to ensure suicide prevention programming is created, we recognize the importance of caring individuals at the school and district level, who carry out the work and greatly influence the success of new programs, procedures, and policies.

This school year shows a continued need for funding to assist the process of implementing suicide prevention programs and initiatives in their schools and districts.

Nearly 86% of grantees reported that Lines for Life is their only source of funding to provide school level suicide prevention activities. Also, this was the first year grants were led and implemented by students.

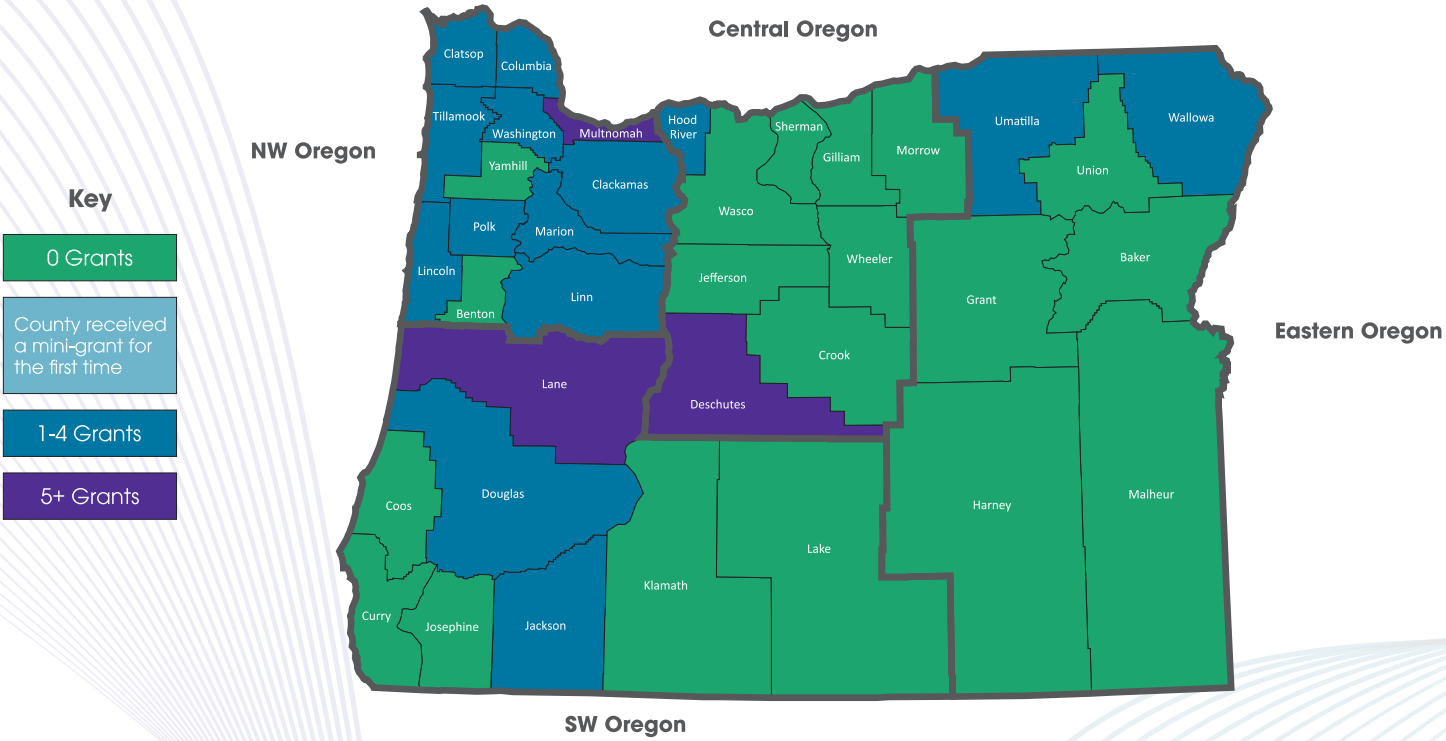
Funders of Mini Grant:

Ford Family Foundation, **Columbia CCO**, **Wildhorse Foundation**, **Congressionally Directed Spending**.

Total Awarded for School Year 23-24 $85,250.00

- **59 unique grants were awarded**
- **Awards ranged from $1000 - $4000**
- **44% of awards went to elementary and middle schools**

" Thank you so much for the funds to provide for our GSA this year. As a school located in a rural area, community standards toward these youth can sometimes be problematic."



Examples of Mini Grant Uses:

- About 47% of our student population are Latinx student and about 10% are Black students. We are focusing our efforts in preventing suicide for our BIPOC students by at a young age teaching them the skills needed to regulate their emotions.

- This mini grant was helpful in many ways. We were able to provide students with testing strategies, coping skills, breathing exercises, and grounding techniques to normalize the stigma around test anxiety.

- Aligning with Fremont/AD Hay Elementary School's mission of "Preparing Today for a Successful Tomorrow", SEL curriculum and social-emotional skills helped students with daily challenges and stressors. They live in a frontier community with limited resources, and a community culture that stigmatizes behavioral health. The curriculum allows students to learn about community from a different perspective.

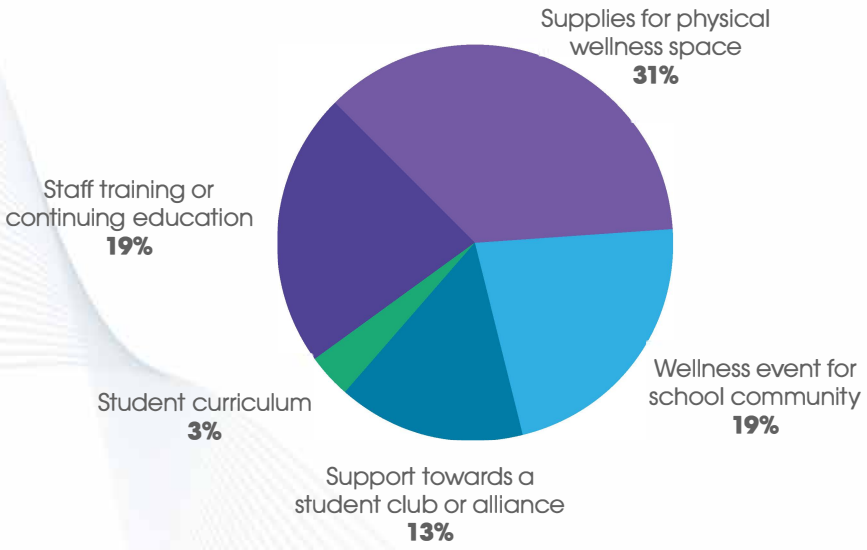
- This grant helped support students concerned about self-harm and at risk for suicide who identify as LGBQIA+. We've held ongoing professional development trainings to support safe and welcoming spaces and classrooms in our school and this grant has furthered our understanding of how best to support inclusion in our school. We've also developed a relationship with the Hood River Center for Living and have hosted a parent support group for these students to discuss parent concerns around self-harm. As a result of this mini-grant, we've decided to host an additional parent/student round table discussion with support from the Center for Living to cover topics relating to Teen anxiety and friendship. We hope this will help identify, support, and connect youth and their families to further expert support in our local area, this aligns with our mission to empower our students to be resourceful learners prepared to tackle future challenges and impact their local community.

***Alec**, a Mountain View freshmen, mentioned, "It feels good knowing I can get health support at school and the resources are on-site. And everyone can get free care."*

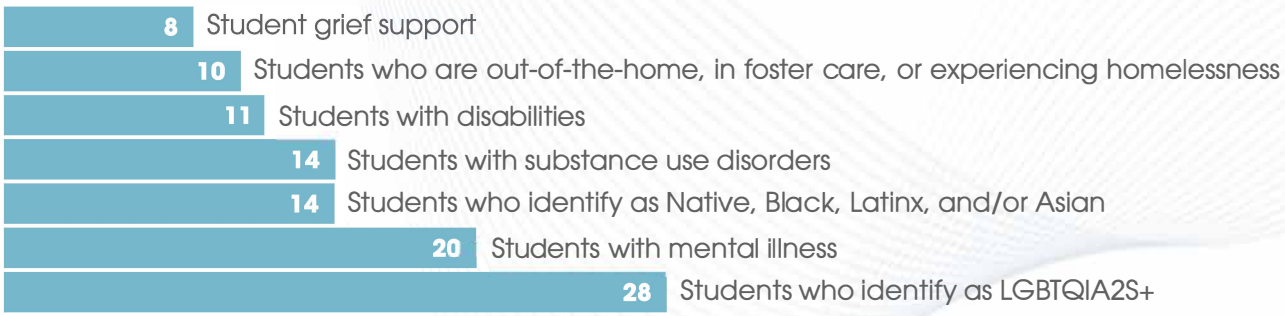
***Rylee**, Teen Action Council President, said, "This access makes a big difference to everyone and it makes me happy to inform the freshmen who might not know about it. It will make a lasting impact after I'm gone."*

Quotes from the freshman foundations school-based health center presentation

Primary Use of Mini Grant Award



Prevention Activity Types



" Thank you for this grant award, there is no other way our schools would have been able to attend the training or purchased the curriculum. It increased our buy in and amount of staff interested in and actually attending the event. They are excited for next year!"

lines for life